

Cognitive Behavioural Therapy & Psychological assessments

- Dr. Angela Fountain (<https://www.drffountain.ca>)
- Thrive CBT (thrivecbt.ca)
- Center for CBT (ccbtc.ca)
- A Well Mind
<https://www.awellmind.com/>
- Mills Psychology
<https://www.millspsychology.ca>
- Integrate Health
<https://www.integrate-health.ca>
- Positive Kids
www.positivekids.ca
- Whole Heart Mental Health and Wellness
www.wholeheartmentalhealth.com
- WonderTree
<https://www.wondertreepractice.ca/>
- Ricki Gillispie
<https://www.gillespiepsych.ca/>
- Dr. Ayelet Lahat, C.Psych. 9889 Markham Rd #211, Markham, ON L6E 0B5. 647-718-8PSY (779)
- Monique Tremblay
<https://magnolia-tree.ca/>

Parenting courses

Triple P parenting

<https://www.triplep-parenting.ca/ont-en/triple-p/>

Rolling with ADHD (free)

<https://healthymindslearning.ca/rollingwith-adhd/>

ADHD coaching

- Interpurpose ADHD coaching
<https://www.interpurpose.com/>
- Positive Kids
www.positivekids.ca
- A Well Mind
<https://www.awellmind.com/>
- WonderTree
<https://www.wondertreepractice.ca/>